TOUR ITINERARY

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Kailash Mansarovar Overland tour (16D, 15N) from Kathmandu via Lhasa (Nepal-Tibet)

Nagarjuna Travels • Destination: **Kathmandu**

DURATION	DESTINATION	STARTING COST
16D / 15N	**Kathmandu**	**₹Price on-request INR**

Tour Overview: The Kailash Mansarovar Tour from Kathmandu via Lhasa is a soul-stirring journey to one of the most sacred destinations for Hindus, Buddhists, Jains, and Bon followers. This spiritually enriching pilgrimage offers an opportunity to witness the majestic Mount Kailash, known as the abode of Lord Shiva, and take a holy dip in the pristine wat...

DAY-WISE ITINERARY

DAY 1 Arrival in Kathmandu

Upon arrival at Tribhuvan International Airport in Kathmandu, our local tour manager will greet you and arrange a transfer to your pre-booked hotel. After check-in, relax for the rest of the day. In the evening, enjoy a delicious vegetarian buffet dinner before resting for the night at a 3-star hotel on a sharing basis. Kathmandu, located at an elevation of 1,400 meters, is the starting point of your sacred journey.

DAY 2 Temple visits in Kathmandu

After an early breakfast, embark on a temple tour that includes visiting the Pashupatinath Temple for the morning aarti, followed by Jal Narayan Temple (Sleeping Vishnu) and Guhyeshwari Mata Temple (a Shakti Peetha). Enjoy lunch at a local restaurant. You can spend the afternoon exploring Thamel market or preparing for your upcoming flight to Lhasa. Dinner will be served at the hotel. Overnight stay at a 3-star hotel on a sharing basis. Elevation in Kathmandu remains at 1,400 meters.

DAY 3 Sightseeing in Kathmandu

After breakfast, visit the impressive Kailashnath Mahadev, which boasts the world’s tallest Shiva statue, and then proceed to Doleshwar Mahadev Temple, believed to be the head portion of the Kedarnath temple. Return for lunch, and later relax at your hotel. Dinner will be served in the evening. Overnight stay at a 3-star hotel. Kathmandu’s elevation remains 1,400 meters.

(Optional: Enjoy a morning mountain flight over the Himalayas at an additional cost).

DAY 4 Kathmandu to Lhasa by Flight

After breakfast, transfer to Kathmandu airport for your flight to Lhasa. Upon arrival at Gonggar International Airport, Tibet, at an elevation of 3,656 meters, you will be escorted to your hotel. Spend the rest of the day acclimatizing. Dinner and overnight stay will be at a 3-star hotel in Lhasa, where you’ll share rooms with other group members.

DAY 5 Lhasa Sightseeing

Start your day with breakfast and explore some of Lhasa's most revered sites, including Jokhang Temple and Barkhor Street. Drive by the stunning Potala Palace before returning to your hotel for dinner. Overnight stay at a 3-star hotel in Lhasa (3,656 meters).

DAY 6 Lhasa to Shigatse Drive

After breakfast, set off for a scenic drive to Shigatse, Tibet’s second-largest city. Upon arrival, visit the Tashi Lhunpo Monastery, a revered site built by the first Dalai Lama. Enjoy dinner and an overnight stay at a 3-star hotel in Shigatse (3,782 meters).

DAY 7 Shigatse to Saga Drive

Today’s journey takes you through the Tibetan plateau to Saga, located at an elevation of 4,640 meters. Saga, known as "The Happy Land," is a key stop en route to Mount Kailash. Check-in at your hotel or guesthouse for dinner and overnight stay.

DAY 8 Saga to Lake Mansarovar Drive

After breakfast, continue your scenic drive, crossing the Mayumla Pass (4,900 meters) to reach the sacred Lake Mansarovar (4,590 meters). Enjoy part of the lake parikrama and immerse in the serene views of Mount Kailash. Dinner and overnight stay will be at a guesthouse near the lake.

DAY 9 Lake Mansarovar to Darchen Drive

Begin your day with a holy dip in Lake Mansarovar, followed by a puja or meditation. Afterward, drive to Darchen, the base camp for Mount Kailash, stopping at Rakshas Tal on the way. At an elevation of 4,575 meters, Darchen offers a perfect place to rest. Dinner and overnight stay will be at a guesthouse.

DAY 10 1st Day of Mount Kailash Parikrama

Start early for the trek from Darchen to Dirapuk Monastery, partially by bus and partially on foot. At 5,210 meters, Dirapuk offers mesmerizing views of the North Face of Mount Kailash. Overnight stay will be at a lodge in Dirapuk. Meals will include breakfast, a packed lunch, and a light dinner.

(Optional: Trek an additional 3 km to Charan Sparsh or visit Ashtapad from Darchen.)

DAY 11 2nd Day of Mount Kailash Parikrama

Prepare for the most challenging day of the trek as you ascend to the Dolma La Pass (5,630 meters), passing by Gauri Kund. After crossing the pass, descend to Zuthulpukh Monastery (4,790 meters). Overnight stay will be at a lodge in Zuthulpukh, with all meals provided throughout the day.

DAY 12 3rd Day of Mount Kailash Parikrama & Drive to Saga

Complete the final leg of the parikrama, trekking the last 6 km back to Darchen. After lunch, drive to Saga (4,640 meters) and complete the remainder of Lake Mansarovar parikrama. Dinner and overnight stay will be at a guesthouse in Saga.

DAY 13 Saga to Shigatse Drive

Depart from Saga and retrace your route back to Shigatse. At an elevation of 3,782 meters, you’ll enjoy dinner and an overnight stay at a 3-star hotel.

DAY 14 Shigatse to Lhasa Drive

After breakfast, head back to Lhasa (3,656 meters). Relax for the rest of the evening, enjoying dinner and an overnight stay at a 3-star hotel.

DAY 15 Lhasa to Kathmandu Flight

Transfer to Lhasa airport after breakfast for your flight back to Kathmandu. Upon arrival, transfer to your hotel in Kathmandu (1,400 meters). You can spend the rest of the day exploring or relaxing. Dinner and overnight stay will be at a 3-star hotel.

DAY 16 Departure from Kathmandu

After breakfast, transfer to Tribhuvan International Airport for your onward journey, marking the end of your Mount Kailash Mansarovar pilgrimage.

PACKAGE INCLUSIONS & EXCLUSIONS

PACKAGE INCLUSIONS

- ✓ Arrival & Departure Arrangements
- ✓ Twin-sharing accommodation in 3-star hotels in Kathmandu, Lhasa, Shigatse, and Lhatse
- ✓ Group-sharing accommodation in local guesthouses in the Kailash region (Saga-Saga)
- ✓ Guided Kathmandu sightseeing tour with transport and entrance fees
- ✓ Sightseeing at major attractions in Tibet, including entrance fees, guide, and transportation
- ✓ Tibet travel permit and visa
- ✓ Round-trip flight tickets Kathmandu-Lhasa-Kathmandu
- ✓ Vegetarian meals at hotels/restaurants in Kathmandu, Lhasa, Shigatse, and Lhatse
- ✓ Vegetarian meals prepared by our cooking team in the Kailash region (from Saga to Saga)
- ✓ Drinking water (bottled and boiled)
- ✓ Private, comfortable transportation throughout the tour
- ✓ Support truck for kitchen supplies, food, and luggage
- ✓ Government-approved Tibetan guide, Nepali leader, and support team from Kathmandu
- ✓ Yaks or helpers for goods during the Kailash Parikrama
- ✓ Emergency evacuation management
- ✓ All service charges and government taxes
- ✓ First Aid kit with basic medicines

PACKAGE EXCLUSIONS

- ✗ Personal expenses and personal equipment
- ✗ Insurance, medical expenses, and costs for emergency evacuation if required
- ✗ Bar bills and communication expenses
- ✗ Personal horse and helper for Kailash Parikrama if hired
- ✗ Accommodation upgrades at available locations
- ✗ Tips for staff

IMPORTANT TRAVEL NOTES & GUIDELINES

• **Valid ID Proof:** All travelers must carry an original government-issued photo ID (Aadhaar Card, Passport, or Voter ID) during travel and hotel check-in.
• **Itinerary & Schedule:** Tour schedules and sightseeing orders may vary depending on local weather conditions, traffic, or operational requirements.
• **Terms & Cancellations:** Package bookings, transport, and accommodations are subject to Nagarjuna Travels standard booking and cancellation policies.

Plan Your Trip With Nagarjuna Travels

Reach out to our team for bookings, customized packages, and inquiries.

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